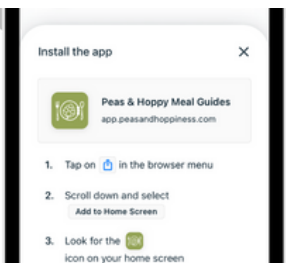


# Peas and Hoppy Meal Guides App

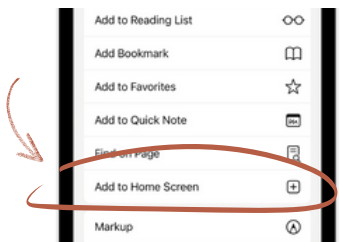
## How to Download to Your Mobile Device



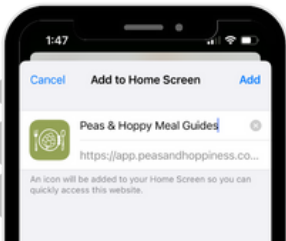
**Step 1:** On your iPhone, Android, tablet, or other mobile device go to [app.PeasAndHoppiness.com/app](http://app.PeasAndHoppiness.com/app) and tap the button that says “Install”



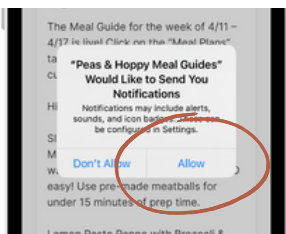
**Step 2:** Follow the instructions to install the app on your mobile device



**Step 3:** Scroll down and tap on the “Add to Home Screen” button



**Step 4:** Name the app: Peas and Hoppy Meal Guides



**Step 5:** Choose “Allow” to receive a notification once a week when a new meal plan is published in the Peas and Hoppy Meal Guides app.